

Be Filled by the Spirit

Key Scriptures:

Eph 1:22-23 And God put all things under Christ's feet, and he gave him to the church as head over all things. ²³ Now the church is his body, **the fullness of him who fills all in all.**

Eph. 4:10 He . . . ascended far above all the heavens, that he might **fill all things.**

Eph. 3:16-19 I pray that according to the wealth of his glory he may grant you to be strengthened with power through his Spirit in the inner person, ¹⁷ that Christ may dwell in your hearts through faith, so that, because you have been rooted and grounded in love, ¹⁸ you may be able to comprehend with all the saints what is the breadth and length and height and depth, ¹⁹ and thus to know the love of Christ that surpasses knowledge, so that you may be **filled with all the fullness of God.**

CSB **Eph.5:15-21** Pay careful attention, then, to how you live-- not as unwise people but as wise— ¹⁶ making the most of the time, because the days are evil. ¹⁷ So don't be foolish, but understand what the Lord's will is. ¹⁸ And don't get drunk with wine, which leads to reckless living, but **be filled by the Spirit:** ¹⁹ speaking to one another in psalms, hymns, and spiritual songs, singing and making music with your heart to the Lord, ²⁰ giving thanks always for everything to God the Father in the name of our Lord Jesus Christ, ²¹ submitting to one another in the fear of Christ.

Key Point: When you yield to God and allow the Spirit to fill you with all the fullness of God, you become increasingly occupied and satisfied in Jesus.

TALK IT OVER

Start talking: Pick a conversation starter for your group.

- If you could have an unlimited supply of one thing for the rest of your life, what would it be? (Food, coffee, books, money, vacation days, etc.) *Why that thing?*

Reflect, Think, & Share: Read through the key scriptures and share any observations or questions with the group.

- What does “walking wisely” look like in ordinary life? Which area of your life currently requires the most wisdom and intentionality? Why?
- Why can surrendering our own agenda be difficult? Is there an area where you need to trust God rather than try to get Him to agree with your plans?
- In what ways does the contrast between being drunk with wine and being filled by the spirit teach us about what or who is controlling our lives? (Eph 5:18)
- Of the following five characteristics of being filled by the Spirit: (maturity, service, obedience, continual filling, and responsiveness to the Spirit) Which stands out to you most? Which one would you like to grow in?
- In what ways does what Paul prays about the God the Father, Christ, and the Spirit in Ephesians 3:16-19 correlate with his command to be filled by the Spirit in Eph 5:18?
- How should being filled by the Spirit with the fullness of God change the way you respond to temptation, worry, insecurity, jealousy, pride, or any other sin?
- One evidence of being filled by the Spirit is that Jesus becomes everything to you, and that you become increasingly occupied and satisfied with Him. What tends to compete with Jesus for your attention, affection, or satisfaction?
- Why does Spirit-filled living result in singing, worship, and thanksgiving? Why do you think Spirit-filled living affects our relationships with other people—not just our personal relationship with God? (Eph 5:21)

Start doing: If you were to ask the Holy Spirit to fill you and take greater control of one specific area of your life this week, what would you ask Him to change—and what would yielding to Him look like?

Prayer: Do you have any specific decisions or areas of life where you could use prayer from others asking God to guide you? If you feel comfortable, share these issues with your study group so that they can pray with you and for you.

-
-