

Be Transformed: Romans 12:2

Key Scriptures

Romans 12:1-2 Therefore I exhort you, brothers and sisters, by the mercies of God, to present your bodies as a sacrifice— alive, holy and pleasing to God— which is your reasonable service. ² Do not be conformed to this present world, but be transformed by the renewing of your mind, so that you may test and approve what is the will of God— what is good and well-pleasing and perfect.

Matt. 17:1-2 Now after six days Jesus took Peter, James, and John his brother, led them up on a high mountain by themselves; ² and He was transfigured before them. His face shone like the sun, and His clothes became as white as the light.

2 Cor. 3:18 And we all, with unveiled faces reflecting the glory of the Lord, are being transformed into the same image from one degree of glory to another, which is from the Lord, who is the Spirit.

Col. 3:1-3 If then you were raised with Christ, seek those things which are above, where Christ is, sitting at the right hand of God. ² Set your mind on things above, not on things on the earth. ³ For you died, and your life is hidden with Christ in God.

2 Cor. 4:16 Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day.

Key Point: A renewed mind will always result in a transformed life.

TALK IT OVER

Start talking: Pick a conversation starter for your group.

- Have you ever felt like the illustration used on Sunday—a flea that has been trained in a jar how high you can jump, never going for your full potential?

Start thinking. Select questions to get your group thinking.

The Greek word “metamorphoo”, “transformed,” is found in Matt 17:1-2 and Mark 9:2 to speak of Jesus on the mount of transformation, as well as in 2 Cor 3:19 to show that believers will be transformed much the way Moses was.

- In Matt 17:1-2, what did Jesus’ transformation communicate to his disciples? (you may need to read the surrounding context to answer this).
- In Exodus 34:28-35, and 2 Cor 2:12-18, what observations do get from Moses’ experience, both after spending time with God and away from God?
- What is Paul’s point about the transformation that happens to believers in 2 Cor 3:18?

Start sharing. Choose questions to create openness.

- What ways have you tried to actively renew your mind?
- Have you ever forgotten that renewing your mind is more about knowing God than it is about your own performance? How did that affect your spiritual life?
- What does your mental diet look like? (Malnutrition? Fast food? Microwave meals? Gourmet cooking? Foraging on the land? Never cooking for yourself?)

Start doing. Commit to a step and live it out this week!

- Make a mental note this week of what your mental diet looks like. If your intake of media etc. far outstrips your time thinking, hearing, or talking about the things of God, you need to make a change. What step will you commit to so you can participate actively in renewing your mind? Daily Reading Time? Conversations about God? Time praying back scripture to God? Memorizing passage of scripture? Listening to scripture or teaching?

Prayer Requests. It may be helpful to pray the scriptures back to God.

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