

A pair of bright yellow rubber boots is shown stepping into a pool of water. A large, energetic splash of water is captured mid-air, with many droplets visible. The boots are reflected in the dark, rippling water below. The overall scene is dynamic and celebratory.

Philippians

Finding Joy...

Right Where You Are

Finding Contentment

A photograph of a person's feet wearing bright yellow rubber boots, stepping into a dark, wet surface that causes water to splash and create a clear reflection of the boots. The scene is captured in a close-up, low-angle shot, emphasizing the contrast between the vibrant yellow and the dark, rippling water.

Philippians 4:10-13 ESV

Finding Contentment

Philippians 4:10-13 *I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity.*

Finding Contentment

¹¹ Not that I am speaking of being in need, for I have learned in whatever situation I am to be content.

Contentment is not dependent on our circumstances

Content: self sufficient, independent of circumstances, satisfied

Finding Contentment

Three Sinful Attitudes that lead to discontentment:

- 1. Ingratitude*
- 2. Arrogance*
- 3. Lust/Greed*

1 Thessalonians 5:16-18 *Rejoice always,
¹⁷ pray without ceasing, ¹⁸ in everything give
thanks; for this is the will of God in Christ Jesus
for you.*

Philippians 4:10-13 ESV

Finding Contentment

¹² I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need.

1. Prosperity doesn't have the power to give us contentment, nor poverty the power to take it away.

2. Contentment is learned, so we need to become teachable.

Finding Contentment

Acts 9:15-16 But the Lord said to him, "Go, for he is a chosen vessel of Mine to bear My name before Gentiles, kings, and the children of Israel.
¹⁶ "For I will show him how many things he must suffer for My name's sake."

*Six times Paul gives us catalogues of his afflictions
(Rom 8:35, 1 Cor 4:9-13, 2 Cor 4:8-9, 6:4-5, 11:23-39,
12:10)*

Finding Contentment

2 Corinthians 11:25-29 ⁵ *Three times I was beaten with rods. Once I was stoned. Three times I was shipwrecked; a night and a day I was adrift at sea;*

²⁶ *on frequent journeys, in danger from rivers, danger from robbers, danger from my own people, danger from Gentiles, danger in the city, danger in the wilderness, danger at sea, danger from false brothers;*

Philippians 4:10-13 ESV

Finding Contentment

²⁷ in toil and hardship, through many a sleepless night, in hunger and thirst, often without food, in cold and exposure. ²⁸ And, apart from other things, there is the daily pressure on me of my anxiety for all the churches. ²⁹ Who is weak, and I am not weak?

Finding Contentment

“Christian Happiness, by Jonathan Edwards

For the Christian;

1. Their bad things will work out for good.

Romans 8:28

2. Their good things cannot be taken away.

Romans 8:1

3. Their best things are yet to come.

Philippians 4:10-13 ESV

Finding Contentment

¹³ I can do all things through him who strengthens me.

Finding Contentment

¹³ I can do all things through him who strengthens me.

The secret:

You have all you can ever need in Christ, and you can do all things through Christ who strengthens you.

Continuing the Discussion

- What is the secret to contentment? In what ways have you already learned this? In what ways do you still need to learn this?
- “You have all you can ever need in Christ, and you can do all things through Christ who strengthens you.”

How does this statement speak to your soul today?