

A pair of bright yellow rubber boots is shown stepping into a dark, reflective surface, likely water. A large, energetic splash of water is captured mid-air, with many droplets visible. The boots and the splash are reflected in the dark surface below. The overall mood is one of joy and playfulness.

# Philippians

Finding Joy...

Right Where You Are



## Peace: No Worries Part 2

*<sup>6</sup> Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;*

*<sup>7</sup> and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*



# Peace: No Worries

*<sup>8</sup> Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy-- meditate on these things.*

*<sup>9</sup> The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.*



# Peace: No Worries

Luke 10:41-42 Jesus said to her, "Martha, Martha, you are **worried** and troubled about many things. <sup>42</sup> "But one thing is needed, and Mary has chosen that good part, which will not be taken away from her."

*Clue: The opposite of anxiety is singlemindedness.*



# Peace: No Worries

Phil. 1:27-28 Only conduct yourselves in a manner worthy of the gospel of Christ so that . . . I should hear that you are standing firm in one spirit, **with one mind**, by contending side by side for the faith of the gospel,  
<sup>28</sup> and **by not being intimidated** in any way by your opponents.



# Peace: No Worries

Phil. 2:2-5 fulfill my joy by **being like-minded**, having the same love, being of one accord, **of one mind**. <sup>3</sup> Let nothing be done through selfish ambition or conceit, but **in lowliness of mind** let each esteem others better than himself.

<sup>4</sup> Let each of you look out not only for his own interests, but also for the interests of others.

<sup>5</sup> **Let this mind be in you** which was also in Christ Jesus,



# Peace: No Worries

Phil. 3:15 Therefore let us, as many as are mature, *have this mind*;

Phil. 3:18-19 they are the enemies of the cross of Christ: <sup>19</sup> whose end is destruction, whose god is their belly, and whose glory is in their shame-- *who set their mind on earthly things.*

Phil. 4:2 <sup>2</sup> I implore Euodia and I implore Syntyche to *be of the same mind in the Lord.*



# Peace: No Worries

<sup>6</sup> *Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;*

<sup>7</sup> *and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus.*

*The TDF Principle:*

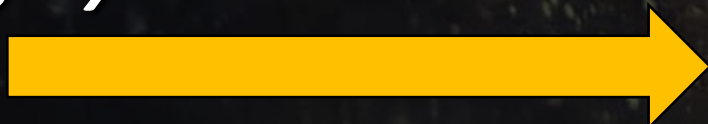
*Think Right* → *Do Right* → *Feel Right*



# Peace: No Worries

*Are you using  
The TDF Principle?*

*Or following  
This guy?*



Philippians 4:6-7 NKJV



# Peace: No Worries

<sup>6</sup> *Be anxious for nothing, but in everything by **prayer** and **supplication**, with **thanksgiving**, let your **requests** be made known to God;*

**Prayer:** Adoration, worship, devotion

**Supplication:** share your needs & problems

**Thanksgiving:** be grateful, acknowledge

**Request:** individual requests



# Peace: No Worries

*<sup>8</sup> Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy-- **meditate on these things.***

*<sup>9</sup> The things which you learned and received and heard and saw in me, **these do**, and the God of **peace will be with you.***



# Peace: No Worries

*The TDF Principle:*

*Think Right*

*Do Right*

*Feel Right*

*Psalm 42:5* *Why are you cast down, O my soul,  
and why are you in turmoil within me? Hope in  
God; for I shall again praise him, my savior and  
my God.*

Philippians 4:6-7 NKJV



# Continuing the Discussion

- Was there anything you heard for the first time or that caught your attention, challenged, or confused you?
- On a scale of 1-10, rank how much worry, anxiety, and peace you had this last week?
- What does God want you to do about it?