

Philippians: Finding Joy Right Where You Are!

TALK IT OVER

Key Scriptures

Philippians 2:1-4

Therefore if there is any consolation in Christ, if any comfort of love, if any fellowship of the Spirit, if any affection and mercy,
² fulfill my joy by being like-minded, having the same love, being of one accord, of one mind.

³ Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each esteem others better than himself.

⁴ Let each of you look out not only for his own interests, but also for the interests of others.

Key Point

Is it possible to have a good self-image and still be humble? Can a person want to be the best without being conceited?

Yes, but only when we imitate the attitude Jesus Christ had, and we place others as more important than ourselves.

Start talking: Pick a conversation starter for your group.

- What is your pet peeve at home?
- What are you like in the morning: Big Bird or Oscar the Grouch?

Start thinking. Ask a question to get your group thinking.

- Reading between the lines (in 2:1-4), what was wrong with the church in Philippi?
- What does it mean to consider someone “better than yourself” (v. 3)?
- How do verses 3-4 help us to understand the nature of humility?

Start sharing. Choose a question to create openness.

- How do you define humility? How does humility differ from being a doormat? What is the difference between humility and a poor self image?
- From the things commanded in verses 1-4, which do you find the most difficult to do?
- Who do you admire because they truly put others ahead of their own interests?
- How can you implement the phrase “you are more important than me” in your home or workplace?

Start praying. Be bold and pray with power.

- Who can you focus on in your prayers, asking God to help you treat them as more important than yourself? Ask God to help you grow in humility and looking out for the interests of others.

Start doing. Commit to a step and live it out this week!

- Philippians 2:3-4 is an excellent passage to commit to memory. Plan on when you will take time to read this passage 5 times each day to work on remembering it.