

TITUS

¹¹ For the grace of God has appeared, bringing salvation for all people, ¹² training us to renounce ungodliness and worldly passions, and to live <u>self-controlled</u>, upright, and godly lives in the present age,

of the glory of our great God and Savior Jesus Christ, ¹⁴ who gave himself for us to redeem us from all lawlessness and to purify for himself a people for his own possession who are zealous for good works.



The Appearing of Grace and the hope of glory are the engine, the power that feeds the kind of life we are called to live.

We are pushed from behind by the wonder of God's grace to us, and we are pulled forward by the hope of glory.



The Problem of self-control

Proverbs 23:19-21

- ¹⁹ Hear, my son, and be wise, and direct your heart in the way.
- ²⁰ Be not among drunkards or among gluttonous eaters of meat,
- ²¹ for the drunkard and the glutton will come to poverty, and slumber will clothe them with rags.



The Problem of self-control

Proverbs 25:28

A man without self-control is like a city broken into and left without walls.

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How do we define Self-Control?

Self-control: Mastery & restraint over your impulses.

The ability to recognize and choose the important thing over the urgent thing at any given moment. Your desires are properly ordered: the most important are desired the most, and the less important are desired less.



How Self-Control works

Genesis 29:20

So Jacob served seven years for Rachel, and they seemed to him but a few days because of the love he had for her.

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Two things that will grow your Self-Control

- When the truth of God stills your mind
- When a deeper love for God transforms your soul

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Hebrews 12:2-3 looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

³ For consider Him who endured such hostility from sinners against Himself, lest you become weary and discouraged in your souls.