

# *FIT-ISH*

*SEMI-FIT; KINDA FIT; SOMEONE WHO  
LIKES THE IDEA OF BEING FIT BUT  
EQUALLY LIKES FOOD.*

<sup>1</sup> Simeon Peter, a servant and apostle of Jesus Christ, To those who have obtained a faith of equal standing with ours by the righteousness of our God and Savior Jesus Christ:

<sup>2</sup> May grace and peace be multiplied to you in the knowledge of God and of Jesus our Lord.

**FITISH**

2 Peter 1:1-11

<sup>3</sup> His divine power has granted to us all things that pertain to life and godliness, through the knowledge of him who called us to his own glory and excellence,

<sup>4</sup> by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire.

**FITISH**

2 Peter 1:1-11

<sup>5</sup> For this very reason, make every effort to supplement your faith with virtue, and virtue with knowledge, <sup>6</sup> and knowledge with self-control, and self-control with steadfastness, and steadfastness with godliness, <sup>7</sup> and godliness with brotherly affection, and brotherly affection with love.

**FITISH**

2 Peter 1:1-11

<sup>8</sup> For if these qualities are yours and are increasing, they keep you from being ineffective or unfruitful in the knowledge of our Lord Jesus Christ.

<sup>9</sup> For whoever lacks these qualities is so nearsighted that he is blind, having forgotten that he was cleansed from his former sins.

**FITISH**

2 Peter 1:1-11

<sup>10</sup> Therefore, brothers, be all the more diligent to confirm your calling and election, for if you practice these qualities you will never fall.

<sup>11</sup> For in this way there will be richly provided for you an entrance into the eternal kingdom of our Lord and Savior Jesus Christ.

**FITISH**

2 Peter 1:1-11

# *Spiritual Growth is: Achievable*

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<sup>4</sup> by which he has granted to us his precious and very great promises, so that through them you may become partakers of the divine nature, having escaped from the corruption that is in the world because of sinful desire.

**FITISH**

2 Peter 1:1-11

# *Spiritual Growth is: Gradual*

<sup>8</sup> For if these qualities are yours and are increasing, they keep you from being ineffective or unfruitful in the knowledge of our Lord Jesus Christ.

**FITISH**

2 Peter 1:1-11



## 1 Peter 2:2

Like newborn infants, desire the pure milk of the word, so that you may grow up into your salvation.

**FITISH**

## *Spiritual Growth is: Necessary*

<sup>10</sup> Therefore, brothers, be all the more diligent to confirm your calling and election, for if you practice these qualities you will never fall.

<sup>11</sup> For in this way there will be richly provided for you an entrance into the eternal kingdom of our Lord and Savior Jesus Christ.

**FITISH**

2 Peter 1:1-11

# *Spiritual Growth is: Intentional*

<sup>5</sup> For this very reason, make every effort to supplement your faith with virtue, and virtue with knowledge, <sup>6</sup> and knowledge with self-control, and self-control with steadfastness, and steadfastness with godliness, <sup>7</sup> and godliness with brotherly affection, and brotherly affection with love.



**FITISH**

# Fit Bits: The Price of Growth

You must pay the price of:

- ✓ Time with God
- ✓ Vulnerability with other people
- ✓ Submission to God's will

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Hebrews 3:13 But exhort one another daily, while it is called "today," lest any of you be hardened through the deceitfulness of sin.

**FITISH**

# *Spiritual Growth is: Awesome*

⁹ For whoever lacks these qualities is so nearsighted that he is blind, having forgotten that he was cleansed from his former sins.

**FITISH**

2 Peter 1:1-11

Isaiah 49: 14-16 But Zion said, "The LORD has forsaken me, And my Lord has forgotten me."

<sup>15</sup> "Can a woman forget her nursing child, And not have compassion on the son of her womb? Surely they may forget, Yet I will not forget you.

<sup>16</sup> See, I have inscribed you on the palms of My hands;

**FITISH**